

| PARISH.OURLADYHELPOFCHRISTIANSLUTON@NORTHAMPTONDIOCESE.ORG |  
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## FROM THE PARISH PRIEST

The Parish Pilgrimage to Lourdes this year was a beautiful reminder to me of two things.

Firstly, the maternal care of our Blessed Mother who intercedes for each and every one of us that we may know and love her Son.

Secondly, that each of us is on a journey to sainthood. There is not a single person who has not been created for greatness. As on pilgrimage, so through life, there will be struggles, and there will be joys, but through them all we persevere to our ultimate destination. This destination is, of course, Heaven!

Let us continue to ask for the intercession of our Blessed Mother and of all the Angels and Saints for ourselves and for each other!

*Oremus pro invicem!*

## SAINT OF THE WEEK ST CUTHBERT

Saint Cuthbert was the bishop of the great Benedictine abbey of Lindisfarne, and is one of the most venerated English saints, who evangelized Northumbria and was posthumously hailed as a wonder-worker.

After a divine vision, Cuthbert, a shepherd, entered the Northumbrian monastery of Melrose under Abbot St. Eata. In 661 Melrose was struck by the plague, afflicting Cuthbert and killing the prior, whom he succeeded. Thereafter, he aided plague victims while missioning throughout the countryside, reportedly performing miracles.

A hermit by nature, Cuthbert retired in 676 to Inner Farne, where he devoted himself to prayer and where he built an oratory and cell. His fame for holiness grew. His successful efforts to protect birds made him one of the earliest wildlife conservationists.

In 684 King Ecgfrith of Northumbria made him bishop of Hexham, a see that he exchanged with Eata in 685 for that of Lindisfarne. In 687 he again retired to Inner Farne. A small 14th-century chapel stands on the site of his final hermitage. He was buried at Lindisfarne, but his body was removed in 875 to protect it from Viking raids.

*St Cuthbert - Pray for us!*

## PARISH OFFICE OPENING TIMES

**Monday - 10 am - 12 pm**

**Tuesday - 10 am - 12 pm**

**Wednesday - 10 am - 12 pm**

**Thursday - CLOSED**

**Friday - CLOSED**

**Saturday / Sunday - CLOSED**

### Pastor and Diocesan Chancellor

*Fr Brendan Seery*

[frbrendan.seery@northamptondiocese.org](mailto:frbrendan.seery@northamptondiocese.org)

### Parish Administrator

*Charlotte Seery*

[parish.ourladyhelpofchristiansluton@northamptondiocese.org](mailto:parish.ourladyhelpofchristiansluton@northamptondiocese.org)

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### Parish Safeguarding Representatives (PSR)

*Kate Brooks*

07921 778507

*Rob Simpson*

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[www.ourladyhelpofchristians.co.uk](http://www.ourladyhelpofchristians.co.uk)

[www.lutonpastoralarea.org](http://www.lutonpastoralarea.org)

[www.northamptondiocese.org](http://www.northamptondiocese.org)

VISIT OUR WEBSITE FOR MORE INFORMATION  
[WWW.OURLADYHELPOFCHRISTIANS.CO.UK](http://WWW.OURLADYHELPOFCHRISTIANS.CO.UK)

## PARISH FEAST DAY

We will be celebrating our 140th anniversary of the establishment of the Catholic Mission in Luton **THIS FRIDAY (6th September) at 7 pm.**

This will be an opportunity to thank God for 140 years of faith and to ask Him for the strength to continue to proclaim the joys of Christ to all people.

Everyone is invited to take part - please invite friends and family!

We are all invited to wear national dress for the occasion.

## ROSARY PROCESSION

Prior to the Feast Day Mass at 7 pm, there will be a Rosary Procession from the church at 6 pm.

## PARISH FEAST DAY FOOD

We are all invited to bring some food to the Parish Feast Day reception that will take place in the Parish Centre following Mass.

If you are able to provide food, please indicate that you are by signing the sheet at the back of the church.

## PILGRIM STATUE OF OUR LADY OF WALSINGHAM

Parishioners are invited to host a statue of Our Lady of Walsingham for a week at a time and pray for particular intentions while meditating on the Rosary.

The idea is to have a chain of prayer for the parish and for various intentions.

The sign up - sheet is at the back of the church.

## PARISH REGISTRATION

Please use the following link to register as a member of the Parish (<https://www.caspar.church/me>)

## PUBLIC ROSARY

There is an opportunity to pray the Rosary outside of the church (Castle Street side) from 4 pm every Sunday.

## SUNDAY VESPERS AND BENEDICTION

Public Vespers and Benediction will resume **THIS SUNDAY** at 4.15 pm.

## RCIA

If you are interested in learning more about the beauty of the Catholic Faith or would like to become a Catholic, then the RCIA Programme is for you!

For more details, email the Parish Office or phone Kate on 07921 778507

## CHURCH RESTORATION FUND

It is hoped that over the next few months and years, a number of projects for the church and parish centre will be completed.

These include restoring the baptismal font to the original baptistry, improving the facilities in the parish centre including installing a full kitchen and dividers to make better use of the space, creating a prayer garden at the back of the parish centre, and many more.

As with everything, these projects will require some funding. A new fund has been added to the card machine at the back of the church for anyone who would like to, and is able to, support some of these projects.

## SELF DEFENCE CLASSES

The self defence classes continue **THIS WEDNESDAY at 7 pm** in the Parish Centre.

## DATES FOR YOUR DIARY

**6th September** - Rosary Procession from the church.

**6th September** - Parish Feast Day Mass at 7 pm followed by reception in the Parish Centre.

**6th September - 8th September** - Visit of the Dominican Sisters to the Parish and a number of events for young people and young adults.

**1st November** - All Saints Day Party for young people at 6 pm in the Parish Centre.

**9th November** - Morning Recollection for new and existing Extraordinary Ministers of Holy Communion (10.30 am - 12 pm).

## BIG CLEAN

To ensure that our church is as beautiful as always, there will be a "big clean" on Friday 6th September between 10 am - 12 pm.

## FIRST FRIDAY VISITS

Friday the 6th September is the first Friday of the month and, as such, there will be an opportunity for home visits to the sick and housebound with Holy Communion. If you would like to be visited, please contact the Parish Office.

## A PRAYER FOR PRIESTS

Please continue to pray for vocations to the Priesthood and please continue to pray for priests!

"Protect them, guide them, and keep them in your heart. Be a Mother to them, especially in times of discouragement and loneliness.

Love them and keep them belonging completely to Jesus! Amen"

Our Lady, Mother of Priests

*Pray for us!*

## DOMINICAN SISTERS OF NASHVILLE

Over the weekend of our 140th anniversary celebrations, we will also be hosting some Religious Sisters from the Convent of St Cecilia in Nashville. They will be running the following events during their stay:

### Saturday 7th September

**10.30 am - 12 pm**

An event for all young people aged 7 - 12 in the Parish Centre.

### Saturday 7th September

**2 pm - 4 pm**

An event for all young people aged 13 - 17 in the Parish Centre.

### Saturday 7th September

**7 pm - 9 pm**

An event for all young adults aged 18 - 35 in the Parish Centre.

## DIGITAL OUTREACH

We are looking for anyone who would be interested in help the parish make better use of digital technology in promoting the Gospel of Jesus Christ. This includes working on, and maintaining, the parish website.

If you are interested, please email the Parish office.

## PARISH PRAYERS

**Please pray for:** Sally Rhodes, Robert Roe, Connor McFadden, Alexander El-Lamaa, Margaret Spring, Agnieszka Daniel, Christopher Parfitt, Jimmy, Tina, John McCormick, Jane Matthews, Mary Williams, Michael Curtin, and all who are sick.

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**Please pray for:** Thomas O'Boyle, Francis Farrell, Augustine Abara and all our loved ones who have died.

## SACRAMENTAL PROGRAMMES

It is now possible to sign up for the Sacramental Programmes (First Confession, First Holy Communion, and Confirmation, that will begin in the autumn.

Please collect a form from the sacristy and return it as soon as possible.

## YORK PILGRIMAGE

### WEEKEND

**26th - 27th October**

There is an opportunity for young adults to take part in a pilgrimage to York and explore some of the beauty and history of our faith in these islands.

For more information, use the link below:

<https://bookwhen.com/youngcatholicadults-yorkpilgrimage2024>.

## A PRAYER FOR THOSE RETURNING TO SCHOOL AND UNIVERSITY

Lord our God, in Your wisdom and love You surround us with the mysteries of the universe. In times long past You sent us your prophets to teach Your laws and to bear witness to Your undying love. You sent us your Son to teach us by word and example that true wisdom comes from You alone.

Send Your Spirit upon students and teachers and fill them with Your wisdom and blessings. Grant that during this academic year they may devote themselves to their studies and share what they have learned from others. Amen.

## QUOTE OF THE WEEK

“Serve the Lord with laughter.”

- St Padre Pio

## MARCH FOR LIFE

The annual event to promote the dignity of all life will take place on Saturday 7th September.

Morning events 10.00am to 1.00pm - Emmanuel Centre, Marsham Street, London, SW1P 3DW.

Mass 11.00am - St Georges Cathedral, Southwark, London, SE1 7HY

The March 1.30pm

Parishioners from Luton and Dunstable are attending. If you would like to meet up contact Kevin 07802 525581.

## VINNY'S PANTRY

The Pantry is open on Tuesday 5.45 pm - 6.45 pm. Donations of tinned fish, tomatoes, fruit, and cereal are greatly appreciated.

## MASS READINGS AND PRAYERS

Please scan the QR code to access the daily Mass readings and prayers.



## PARISH OFFERTORY

A huge thank you to all those who are able to support the mission of the parish through their financial offering.

**£1824.12**

*Please note that no monies are kept on site.*

# LITURGIES AND EVENTS THIS WEEK

<p style="text-align: center;"><b>SUNDAY</b> 1st September</p> <p>22nd Sunday in Ordinary Time</p>	<p>9 am ADORATION 9.30 am MASS</p> <p>11am ADORATION 11.30 am MASS</p> <p>4 pm Rosary 4.15 pm Vespers and Benediction</p> <p>5 pm MASS</p>	<p>Lakshini Perera Int., Tommy Hannigan Int.</p> <p>Andrea Doran RIP.</p> <p>Pro Populo.</p>
<p style="text-align: center;"><b>MONDAY</b> 2nd September</p> <p>Votive Mass of the Holy Trinity</p>	<p>7 am MASS</p> <p>12 pm ADORATION AND CONFESSIONS</p> <p>12.45 pm MASS</p>	<p>Maeve Chakera Int.</p> <p>All those returning to school and university.</p>
<p style="text-align: center;"><b>TUESDAY</b> 3rd September</p> <p>S. Gregory the Great</p>	<p>7 am MASS</p>	<p>Anne Reeves RIP.</p>
<p style="text-align: center;"><b>WEDNESDAY</b> 4th September</p> <p>S. Cuthbert</p>	<p>7 am MASS</p> <p>12 pm ADORATION AND CONFESSIONS</p> <p>12.45 pm MASS</p>	<p>Fr Barrie McKenzie Int.</p> <p>Fr Mark Floody Int.</p>
<p style="text-align: center;"><b>THURSDAY</b> 5th September</p>	<p>12.45 pm MASS</p>	<p>University of Bedfordshire.</p>
<p style="text-align: center;"><b>FRIDAY</b> 6th September</p> <p>Votive Mass of Our Lady Help of Christians</p>	<p>6 pm Rosary Procession</p> <p>7 pm 140th ANNIVERSARY MASS</p>	<p>Pro Populo.</p>
<p style="text-align: center;"><b>SATURDAY</b> 7th September</p> <p>Votive Mass of Our Lady</p>	<p>9 am ADORATION AND CONFESSIONS</p> <p>9.30 am MASS</p> <p>10.30 am - Youth Event for 7 - 12 year olds led by the Dominican Sisters.</p> <p>2 pm - Youth Event for 13 - 17 year olds led by the Dominican Sisters.</p> <p>7 pm - Event for Young Adults led by the Dominican Sisters.</p>	<p>Esther McDonnell RIP.</p> <p>Parish Centre</p> <p>Parish Centre</p> <p>Parish Centre</p>